

WINDHAM HIGH SCHOOL

MONDAY	TUESDAY	11/1/2023 WEDNESDAY	11/2/2023 THURSDAY	11/3/2023 FRIDAY
CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1
		TOTALLY TACO	MASHED POTATO BOWL W/G BUN	PIZZA
		PBJ UNCRUSTABLE	PBJ UNCRUSTABLE	PBJ UNCRUSTABLE
CHOICE OF 2	CHOICE OF 2	RICE CHOICE OF 2	CHOICE OF 2	CHOICE OF 2
		BROCCOLI SALSA	MASHED POTATO CORN	SEASONED HASHBROWNS CARROTS
CHOICE OF 2 APPLESAUCE ORANGE	CHOICE OF 2 PEACHES APPLE	CHOICE OF 2 PEARS ORANGE	CHOICE OF 2 PINEAPPLE APPLE	CHOICE OF 2 MIXED FRUIT APPLE/ORANGE
SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS	SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS	SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS	SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS	SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS
MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE

** THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER**

WG = WHOLE GRAIN

G = GREEN VEGETABLE

R/O = RED/ORANGE VEGGIE

S = STARCHY VEGETABLE

O = OTHER VEGETABLE

WINDHAM HIGH SCHOOL

11/6/2023 MONDAY	11/7/2023 TUESDAY	11/8/2023 WEDNESDAY	11/9/2023 THURSDAY	11/10/2023 FRIDAY
CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1
TERIYAKI WING BOWL W/G ROLL	NO SCHOOL	LOADED NACHO FRIES W/G BUN	HOT DOG W/WG BUN	PIZZA
PBJ UNCRUSTABLE	VOTING DAY	PBJ UNCRUSTABLE	PBJ UNCRUSTABLE	PBJ UNCRUSTABLE
RICE CHOICE OF 2 CORN BROCCOLI CHOICE OF 2 APPLESAUCE ORANGE	CHOICE OF 2	CHOICE OF 2 FRENCH FRIES CARROTS CHOICE OF 2 PEACHES APPLE	CHOICE OF 2 CHICKEN NOODLE SOUP CELERY STICKS CHOICE OF 2 PINEAPPLE BANANA	CHOICE OF 2 POTATO WEDGES GREEN BEANS CHOICE OF 2 MIXED FRUIT APPLE/ORANGE
SALAD LUNCH SALAD BAR WHEAT CROUTONS	SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS	SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS	SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS	SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS
CHOICE OF FRUIT CUP/FRESH FRUIT	CHOICE OF FRUIT CUP/FRESH FRUIT	CHOICE OF FRUIT CUP/FRESH FRUIT	CHOICE OF FRUIT CUP/FRESH FRUIT	CHOICE OF FRUIT CUP/FRESH FRUIT
MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE

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11/13/2023 MONDAY	11/14/2023 TUESDAY	11/15/2023 WEDNESDAY	11/16/2023 THURSDAY	11/17/2023 FRIDAY
CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1
CHICKEN STICKS W/G ROLL	BISCUIT AND GRAVY W/G BISCUIT	TOTALLY TACO	TURKEY GRAVY W/STUFFING	PEPPERONI OR CHEESE PIZZA
PBJ UNCRUSTABLE	PBJ UNCRUSTABLE	PBJ UNCRUSTABLE	PBJ UNCRUSTABLE	PBJ UNCRUSTABLE
CHOICE OF 2	CHOICE OF 2	RICE CHOICE OF 2	SWEET POTATOES CHOICE OF 2	BAKED LAYS CHOICE OF 2
FRENCH FRIES	HASHBROWNS	BROCCOLI	MASHED POTATOES	POTATO WEDGES
BAKED BEANS	CARROTS	SALSA	CORN	BROCCOLI
CHOICE OF 2	CHOICE OF 2	CHOICE OF 2	CHOICE OF 2	CHOICE OF 2
APPLESAUCE	PEACHES	PEARS	PINEAPPLE	MIXED FRUIT
ORANGE	FRESH GRAPES	APPLE	BANANA	APPLE/ORANGE
			PUMPKIN PIE	
SALAD LUNCH	SALAD LUNCH	SALAD LUNCH	SALAD LUNCH	SALAD LUNCH
FRESH SPRING ROMAINE	FRESH SPRING ROMAINE	FRESH SPRING ROMAINE	FRESH SPRING ROMAINE	FRESH SPRING ROMAINE
WHEAT CRACKERS (1)	WHEAT CRACKERS (1)	WHEAT CRACKERS (1)	WHEAT CRACKERS (1)	WHEAT CRACKERS (1)
CHOICE OF	CHOICE OF	CHOICE OF	CHOICE OF	CHOICE OF
FRUIT CUP/FRESH FRUIT	FRUIT CUP/FRESH FRUIT	FRUIT CUP/FRESH FRUIT	FRUIT CUP/FRESH FRUIT	FRUIT CUP/FRESH FRUIT
MILK	MILK	MILK	MILK	MILK
FAT FREE CHOCOLATE	FAT FREE CHOCOLATE	FAT FREE CHOCOLATE	FAT FREE CHOCOLATE	FAT FREE CHOCOLATE
FAT FREE STRAWBERRY	FAT FREE STRAWBERRY	FAT FREE STRAWBERRY	FAT FREE STRAWBERRY	FAT FREE STRAWBERRY
1% WHITE	1% WHITE	1% WHITE	1% WHITE	1% WHITE

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CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1
CHICKEN TENDERS W/G ROLL	TATER SKINS W/BACON OR CHILI/OR PORK W/G ROLL	NO SCHOOL	HAPPY	HAPPY
PBJ UNCRUSTABLE	PBJ UNCRUSTABLE	THANKSGIVING BREAK	THANKSGIVING	THANKSGIVING
CHOICE OF 2	CHOICE OF 2	CHOICE OF 2	CHOICE OF 2	CHOICE OF 2
POTATO WEDGES GREEN BEANS	TATER SKINS BROCCOLI			
CHOICE OF 2	CHOICE OF 2	CHOICE OF 2	CHOICE OF 2	CHOICE OF 2
APPLESAUCE ORANGE	PEACHES FRESH GRAPES	PEARS APPLE	PINEAPPLE BANANA	MIXED FRUIT APPLE/ORANGE
SALAD BAR	SALAD LUNCH	SALAD LUNCH	SALAD LUNCH	SALAD LUNCH
FRESH SPRING ROMAINE WHEAT CROUTONS	FRESH SPRING ROMAINE WHEAT CROUTONS	FRESH SPRING ROMAINE WHEAT CROUTONS	FRESH SPRING ROMAINE WHEAT CROUTONS	FRESH SPRING ROMAINE WHEAT CROUTONS
CHOICE OF	CHOICE OF	CHOICE OF	CHOICE OF	CHOICE OF
FRUIT CUP/FRESH FRUIT	FRUIT CUP/FRESH FRUIT	FRUIT CUP/FRESH FRUIT	FRUIT CUP/FRESH FRUIT	FRUIT CUP/FRESH FRUIT
MILK	MILK	MILK	MILK	MILK
FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE

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WINDHAM HIGH SCHOOL

11/27/2023 MONDAY	11/28/2023 TUESDAY	11/29/2023 WEDNESDAY	11/30/2023 THURSDAY	FRIDAY
<p>CHOICE OF 1</p> <p>NO SCHOOL</p> <p>CHOICE OF 2</p> <p>CHOICE OF 2</p> <p>SALAD BAR FRESH SPRING ROMAINE WHEAT CROUTONS</p> <p>CHOICE OF FRUIT CUP/FRESH FRUIT</p> <p>MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE</p>	<p>CHOICE OF 1</p> <p>CHICKEN PATTY W/ BUN</p> <p>PBJ UNCRUSTABLE</p> <p>CHOICE OF 2 FRENCH FRIES GREEN BEANS</p> <p>CHOICE OF 2 APPLESAUCE FRESH GRAPES</p> <p>SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS</p> <p>CHOICE OF FRUIT CUP/FRESH FRUIT</p> <p>MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE</p>	<p>CHOICE OF 1</p> <p>CORN DOG</p> <p>PBJ UNCRUSTABLE</p> <p>CHOICE OF 2 TATER TOTS CARROTS</p> <p>CHOICE OF 2 PEARS APPLE</p> <p>SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS</p> <p>CHOICE OF FRUIT CUP/FRESH FRUIT</p> <p>MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE</p>	<p>CHOICE OF 1</p> <p>BREADSTICKS W/SAUCE</p> <p>PBJ UNCRUSTABLE</p> <p>CHOICE OF 2 SEASONED HASHBROWNS CORN</p> <p>CHOICE OF 2 PINEAPPLE BANANA</p> <p>SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS</p> <p>CHOICE OF FRUIT CUP/FRESH FRUIT</p> <p>MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE</p>	<p>CHOICE OF 1</p> <p>PBJ UNCRUSTABLE</p> <p>CHOICE OF 2</p> <p>CHOICE OF 2</p> <p>SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS</p> <p>CHOICE OF FRUIT CUP/FRESH FRUIT</p> <p>MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY</p>
<p>*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER*</p>				<p>L = LEGUMES</p>
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