

WINDHAM HIGH SCHOOL

	11/1/2022 TUESDAY	11/2/2022 WEDNESDAY	11/3/2022 THURSDAY	11/4/2022 FRIDAY
<p>MONDAY</p> <p>CHOICE OF 1</p> <p>CHOICE OF 2</p> <p>CHOICE OF 2</p> <p>APPLE SAUCE ORANGE</p>	<p>CHOICE OF 1</p> <p>CHEESEBURG SLIDERS</p> <p>PBJ SANDWICH</p> <p>CHOICE OF 2</p> <p>FRENCH FRIES BAKED BEANS</p> <p>CHOICE OF 2</p> <p>PEARS FRESH GRAPES</p>	<p>CHOICE OF 1</p> <p>PHILLY BEEF STEAK SUB W/G BUN</p> <p>PBJ SANDWICH</p> <p>CHOICE OF 2</p> <p>SWEET POTATO FRIES LETTUCE/TOMATO</p> <p>CHOICE OF 2</p> <p>PEACHES APPLE</p>	<p>CHOICE OF 1</p> <p>SAUSAGE/EGG/CHEESE FRENCH TOAST SAND.</p> <p>PBJ SANDWICH</p> <p>CHOICE OF 2</p> <p>HASHBROWNS CARROTS</p> <p>CHOICE OF 2</p> <p>PINEAPPLE BANANA</p>	<p>CHOICE OF 1</p> <p>BUFFALO CHICKEN PIZZA OR CHEESE PIZZA</p> <p>PBJ SANDWICH</p> <p>CHOICE OF 2</p> <p>ZUCCHINI STICKS CORN</p> <p>CHOICE OF 2</p> <p>MIXED FRUIT APPLE/ORANGE</p>
<p style="text-align: center;">10</p> <p>SALAD LUNCH</p> <p>FRESH SPRING ROMAINE WHEAT CROUTONS</p> <p>CHOICE OF</p> <p>FRUIT CUP/FRESH FRUIT</p> <p>MILK</p> <p>FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE</p>	<p>SALAD LUNCH</p> <p>FRESH SPRING ROMAINE WHEAT CROUTONS</p> <p>CHOICE OF</p> <p>FRUIT CUP/FRESH FRUIT</p> <p>MILK</p> <p>FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE</p>	<p>SALAD LUNCH</p> <p>FRESH SPRING ROMAINE WHEAT CROUTONS</p> <p>CHOICE OF</p> <p>FRUIT CUP/FRESH FRUIT</p> <p>MILK</p> <p>FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE</p>	<p>SALAD LUNCH</p> <p>FRESH SPRING ROMAINE WHEAT CROUTONS</p> <p>CHOICE OF</p> <p>FRUIT CUP/FRESH FRUIT</p> <p>MILK</p> <p>FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE</p>	<p>SALAD LUNCH</p> <p>FRESH SPRING ROMAINE WHEAT CROUTONS</p> <p>CHOICE OF</p> <p>FRUIT CUP/FRESH FRUIT</p> <p>MILK</p> <p>FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE</p>

* THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER*

WG = WHOLE GRAIN

G = GREEN VEGETABLE

R/O = RED/ORANGE VEGGIE

S = STARCHY VEGETABLE

O = OTHER VEGETABLE

WINDHAM HIGH SCHOOL

11/7/2022 MONDAY	11/8/2022 TUESDAY	11/9/2022 WEDNESDAY	11/10/2022 THURSDAY	11/11/2022 FRIDAY
CHOICE OF 1 CHICKEN TENDERS W/G ROLL PBJ SANDWICH CHOICE OF 2 POTATO WEDGES GREEN BEANS CHOICE OF 2 APPLESAUCE ORANGE	CHOICE OF 1 NO SCHOOL VOTING DAY CHOICE OF 2 SMILE FRIES LETTUCE/TOMATO CHOICE OF 2 PEACHES FRESH GRAPES	CHOICE OF 1 HOT ITALIAN SUB W/G BUN PBJ SANDWICH CHOICE OF 2 SMILE FRIES LETTUCE/TOMATO CHOICE OF 2 PEARS APPLE	CHOICE OF 1 PASTA W/MEATBALLS W/G ROLL PBJ SANDWICH CHOICE OF 2 ROMAINE SALAD CORN CHOICE OF 2 PEACHES BANANA	CHOICE OF 1 PEP OR CHEESE PIZZA W/G CRUST PBJ SANDWICH CHOICE OF 2 GARLIC POTATOES BROCCOLI CHOICE OF 2 MIXED FRUIT APPLE/ORANGE
SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS CHOICE OF FRUIT CUP/FRESH FRUIT MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS CHOICE OF FRUIT CUP/FRESH FRUIT MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS CHOICE OF FRUIT CUP/FRESH FRUIT MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS CHOICE OF FRUIT CUP/FRESH FRUIT MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS CHOICE OF FRUIT CUP/FRESH FRUIT MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE

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WINDHAM HIGH SCHOOL

11/14/2022 MONDAY	11/15/2022 TUESDAY	11/16/2022 WEDNESDAY	11/17/2022 THURSDAY	11/18/2022 FRIDAY
<p>CHOICE OF 1</p> <p>CHICKEN NUGGETS W/G ROLL</p> <p>PBJ SANDWICH</p> <p>CHOICE OF 2</p> <p>FRENCH FRIES GREEN BEANS</p> <p>CHOICE OF 2</p> <p>APPLESAUCE ORANGE</p>	<p>CHOICE OF 1</p> <p>BBQ RIB SAND. W/G ROLL</p> <p>PBJ SANDWICH</p> <p>CHOICE OF 2</p> <p>POTATO WEDGES CHERRY TOMATOES</p> <p>CHOICE OF 2</p> <p>PEACHES FRESH GRAPES</p>	<p>CHOICE OF 1</p> <p>EAGLE TOSTADA CORN TORTILLA</p> <p>PBJ SANDWICH</p> <p>RICE</p> <p>CHOICE OF 2</p> <p>REFRIED BEANS SALSA</p> <p>CHOICE OF 2</p> <p>PEARS APPLE</p>	<p>CHOICE OF 1</p> <p>HOT DOG W/G BUN</p> <p>PBJ SANDWICH</p> <p>CHOICE OF 2</p> <p>CHICKEN NOODLE SOUP CARROTS</p> <p>CHOICE OF 2</p> <p>PINEAPPLE BANANA</p>	<p>CHOICE OF 1</p> <p>PIZZA BITES</p> <p>PBJ SANDWICH</p> <p>CHOICE OF 2</p> <p>HASHBROWNS BROCCOLI</p> <p>CHOICE OF 2</p> <p>MIXED FRUIT APPLE/ORANGE</p>
<p>SALAD LUNCH</p> <p>FRESH SPRING ROMAINE WHEAT CROUTONS</p> <p>CHOICE OF</p> <p>FRUIT CUP/FRESH FRUIT</p> <p>MILK</p> <p>FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE</p>	<p>SALAD LUNCH</p> <p>FRESH SPRING ROMAINE WHEAT CROUTONS</p> <p>CHOICE OF</p> <p>FRUIT CUP/FRESH FRUIT</p> <p>MILK</p> <p>FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE</p>	<p>SALAD LUNCH</p> <p>FRESH SPRING ROMAINE WHEAT CROUTONS</p> <p>CHOICE OF</p> <p>FRUIT CUP/FRESH FRUIT</p> <p>MILK</p> <p>FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE</p>	<p>SALAD LUNCH</p> <p>FRESH SPRING ROMAINE WHEAT CROUTONS</p> <p>CHOICE OF</p> <p>FRUIT CUP/FRESH FRUIT</p> <p>MILK</p> <p>FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE</p>	<p>SALAD LUNCH</p> <p>FRESH SPRING ROMAINE WHEAT CROUTONS</p> <p>CHOICE OF</p> <p>FRUIT CUP/FRESH FRUIT</p> <p>MILK</p> <p>FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE</p>

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WINDHAM HIGH SCHOOL

11/21/2022 MONDAY	11/22/2022 TUESDAY	11/23/2022 WEDNESDAY	11/24/2022 THURSDAY	11/25/2022 FRIDAY
CHOICE OF 1 TURKEY GRAVY W/STUFFING PBJ SAND. SWEET POTATOES CHOICE OF 2 MASHED POTATOES CORN CHOICE OF 2 APPLESAUCE ORANGE PUMPKIN PIE	CHOICE OF 1 CHICKEN PATTY W/G BUN PBJ SAND. CHOICE OF 2 FRENCH FRIES GREEN BEANS CHOICE OF 2 MIXED FRUIT APPLE	CHOICE OF 1 NO SCHOOL CHOICE OF 2 CHOICE OF 2	CHOICE OF 1 HAPPY CHOICE OF 2 CHOICE OF 2	CHOICE OF 1 THANKSGIVING CHOICE OF 2 CHOICE OF 2
SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS CHOICE OF FRUIT CUP/FRESH FRUIT MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS CHOICE OF FRUIT CUP/FRESH FRUIT MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS CHOICE OF FRUIT CUP/FRESH FRUIT MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS CHOICE OF FRUIT CUP/FRESH FRUIT MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS CHOICE OF FRUIT CUP/FRESH FRUIT MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE

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WINDHAM HIGH SCHOOL

11/28/2020 MONDAY	11/29/2022 TUESDAY	11/30/2022 WEDNESDAY	THURSDAY	FRIDAY
<p>CHOICE OF 1</p> <p>NO SCHOOL</p> <p>CHOICE OF 2</p> <p>CHOICE OF 2</p>	<p>CHOICE OF 1</p> <p>TOTALLY TACO</p> <p>PBJ SANDWICH</p> <p>RICE</p> <p>CHOICE OF 2 BROCCOLI SALSA</p> <p>CHOICE OF 2 APPLESAUCE ORANGE</p>	<p>CHOICE OF 1</p> <p>BREADSTICKS W/SAUCE</p> <p>PBJ SANDWICH</p> <p>CHOICE OF 2 EMOJI FRIES GREEN BEANS</p> <p>CHOICE OF 2 PEACHES APPLE</p>	<p>CHOICE OF 1</p> <p>CHOICE OF 2</p> <p>CHOICE OF 2</p>	<p>CHOICE OF 1</p> <p>CHOICE OF 2</p> <p>CHOICE OF 2</p>
<p>SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS</p> <p>CHOICE OF FRUIT CUP/FRESH FRUIT</p> <p>MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE</p>	<p>SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS</p> <p>CHOICE OF FRUIT CUP/FRESH FRUIT</p> <p>MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE</p>	<p>SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS</p> <p>CHOICE OF FRUIT CUP/FRESH FRUIT</p> <p>MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE</p>	<p>SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS</p> <p>CHOICE OF FRUIT CUP/FRESH FRUIT</p> <p>MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE</p>	<p>SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS</p> <p>CHOICE OF FRUIT CUP/FRESH FRUIT</p> <p>MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY</p>
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