

WINDHAM HIGH SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	12/1/2023 FRIDAY
CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1
				PEPPERONI PIZZA CHEESE PIZZA PBJ UNCRUSTABLE
CHOICE OF 2	CHOICE OF 2	CHOICE OF 2	CHOICE OF 2	BAKED LAYS CHOICE OF 2
CHOICE OF 2	CHOICE OF 2	CHOICE OF 2	CHOICE OF 2	TOSSED ROMAINE SALAD BROCCOLI CHOICE OF 2
	PEACHES APPLE	PEARS ORANGE	PINEAPPLE APPLE	MIXED FRUIT APPLE/ORANGE
SALAD LUNCH	SALAD LUNCH	SALAD LUNCH	SALAD LUNCH	SALAD LUNCH
FRESH SPRING ROMAINE WHEAT CROUTONS	FRESH SPRING ROMAINE WHEAT CROUTONS	FRESH SPRING ROMAINE WHEAT CROUTONS	FRESH SPRING ROMAINE WHEAT CROUTONS	FRESH SPRING ROMAINE WHEAT CROUTONS
MILK	MILK	MILK	MILK	MILK
FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE

** THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER**

WG = WHOLE GRAIN

G = GREEN VEGETABLE

R/O = RED/ORANGE VEGGIE

S = STARCHY VEGETABLE

O = OTHER VEGETABLE

WINDHAM HIGH SCHOOL

12/4/2023 MONDAY	12/5/2023 TUESDAY	12/6/2023 WEDNESDAY	12/7/2023 THURSDAY	12/8/2023 FRIDAY
CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1
CHICKEN DRUMSTICK W/G ROLL	BBQ RIB SANDWICH W/G BUN	FIESTADA STUFFED SANDWICH	BREADSTICKS	BUFFALO CHICKEN PIZZA CHEESE PIZZA
PBJ UNCRUSTABLE	PBJ UNCRUSTABLE	PBJ UNCRUSTABLE	PBJ UNCRUSTABLE	PBJ UNCRUSTABLE
CHOICE OF 2 POTATO WEDGES BAKED BEANS CHOICE OF 2 APPLESAUCE ORANGE	CHOICE OF 2 FRENCH FRIES GREEN BEANS CHOICE OF 2 PEARS FRESH GRAPES	RICE CHOICE OF 2 BROCCOLI SALSA CHOICE OF 2 PEACHES APPLE	CHOICE OF 2 POTATO SOUP TOSSED SALAD W/TOM. CHOICE OF 2 PINEAPPLE BANANA	R/F DORITOS CHOICE OF 2 CARROTS SLICED CUCUMBERS CHOICE OF 2 MIXED FRUIT APPLE/ORANGE
SALAD LUNCH SALAD BAR WHEAT CROUTONS	SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS	SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS	SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS	SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS
CHOICE OF FRUIT CUP/FRESH FRUIT	CHOICE OF FRUIT CUP/FRESH FRUIT	CHOICE OF FRUIT CUP/FRESH FRUIT	CHOICE OF FRUIT CUP/FRESH FRUIT	CHOICE OF FRUIT CUP/FRESH FRUIT
MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE

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12/11/2023 MONDAY	12/12/2023 TUESDAY	12/13/2023 WEDNESDAY	12/14/2023 THURSDAY	12/15/2023 FRIDAY
CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1
HON. BBQ BONE IN WINGS W/G ROLL	"TACO TUESDAY" TACO SALAD W/G TORTILLA SHELL	CHEESEBURGER W/G BUN	CORN DOG	PEPPERONI OR CHEESE PIZZA
PBJ UNCRUSTABLE	PBJ UNCRUSTABLE	PBJ UNCRUSTABLE	PBJ UNCRUSTABLE	PBJ UNCRUSTABLE
CHOICE OF 2 POTATO WEDGES GREEN BEANS CHOICE OF 2 APPLESAUCE ORANGE	RICE CHOICE OF 2 BROCCOLI SALSA CHOICE OF 2 PEACHES FRESH GRAPES	CHOICE OF 2 FRENCH FRIES CORN CHOICE OF 2 PEARS APPLE	CHOICE OF 2 TATER TOTS BAKED BEANS CHOICE OF 2 PINEAPPLE BANANA	RF DORITOS CHOICE OF 2 TOSSED SALAD W/TOM. CARROTS CHOICE OF 2 MIXED FRUIT APPLE/ORANGE
SALAD LUNCH	SALAD LUNCH	SALAD LUNCH	SALAD LUNCH	SALAD LUNCH
FRESH SPRING ROMAINE	FRESH SPRING ROMAINE	FRESH SPRING ROMAINE	FRESH SPRING ROMAINE	FRESH SPRING ROMAINE
WHEAT CRACKERS (1) CHOICE OF FRUIT CUP/FRESH FRUIT	WHEAT CRACKERS (1) CHOICE OF FRUIT CUP/FRESH FRUIT	WHEAT CRACKERS (1) CHOICE OF FRUIT CUP/FRESH FRUIT	WHEAT CRACKERS (1) CHOICE OF FRUIT CUP/FRESH FRUIT	WHEAT CRACKERS (1) CHOICE OF FRUIT CUP/FRESH FRUIT
MILK	MILK	MILK	MILK	MILK
FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE

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WINDHAM HIGH SCHOOL

12/18/2023 MONDAY	12/19/2023 TUESDAY	12/20/2023 WEDNESDAY	12/21/2023 THURSDAY	12/22/2023 FRIDAY
CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1
CHICKEN PATTY SAND. W/G BUN	HOT DOG W/TOPPINGS W/G BUN	TURKEY GRAVY W/STUFFING	PAPA JOHNS PIZZA	NO SCHOOL
PBJ UNCRUSTABLE	PBJ UNCRUSTABLE	PBJ UNCRUSTABLE	PBJ UNCRUSTABLE	
CHOICE OF 2 FRENCH FRIES GREEN BEANS	CHOICE OF 2 TATER TOTS CARROTS	SWEET POTATOES CHOICE OF 2 MASHED POTATOES CORN	BAKED LAYS CHOICE OF 2 PEAS BROCCOLI	CHOICE OF 2
CHOICE OF 2 APPLESAUCE ORANGE	CHOICE OF 2 PEACHES FRESH GRAPES	CHOICE OF 2 PEARS APPLE	CHOICE OF 2 PINEAPPLE BANANA	CHOICE OF 2 MIXED FRUIT APPLE/ORANGE
		COOKIE		
SALAD BAR	SALAD LUNCH	SALAD LUNCH	SALAD LUNCH	SALAD LUNCH
FRESH SPRING ROMAINE WHEAT CROUTONS	FRESH SPRING ROMAINE WHEAT CROUTONS	FRESH SPRING ROMAINE WHEAT CROUTONS	FRESH SPRING ROMAINE WHEAT CROUTONS	FRESH SPRING ROMAINE WHEAT CROUTONS
CHOICE OF	CHOICE OF	CHOICE OF	CHOICE OF	CHOICE OF
FRUIT CUP/FRESH FRUIT	FRUIT CUP/FRESH FRUIT	FRUIT CUP/FRESH FRUIT	FRUIT CUP/FRESH FRUIT	FRUIT CUP/FRESH FRUIT
MILK	MILK	MILK	MILK	MILK
FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE

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WINDHAM HIGH SCHOOL

12/25/2023 MONDAY	12/26/2023 TUESDAY	12/27/2023 WEDNESDAY	12/28/2023 THURSDAY	12/29/2023 FRIDAY
CHOICE OF 1 NO SCHOOL	CHOICE OF 1 ENJOY	CHOICE OF 1 YOUR	CHOICE OF 1 WINTER	CHOICE OF 1 BREAK
CHOICE OF 2 CHOICE OF 2	CHOICE OF 2 CHOICE OF 2 PEACHES FRESH GRAPES	CHOICE OF 2 CHOICE OF 2 PEARS APPLE	CHOICE OF 2 CHOICE OF 2	CHOICE OF 2 CHOICE OF 2
SALAD BAR FRESH SPRING ROMAINE WHEAT CROUTONS	SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS	SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS	SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS	SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS
CHOICE OF FRUIT CUP/FRESH FRUIT	CHOICE OF FRUIT CUP/FRESH FRUIT	CHOICE OF FRUIT CUP/FRESH FRUIT	CHOICE OF FRUIT CUP/FRESH FRUIT	CHOICE OF FRUIT CUP/FRESH FRUIT
MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY
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