

WINDHAM HIGH SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	12/1/2023 FRIDAY
CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1
CHOICE OF 1 GRAPE JUICE APPLE JUICE ORANGE JUICE FRUIT PUNCH	CHOICE OF 1 GRAPE JUICE APPLE JUICE ORANGE JUICE FRUIT PUNCH	CHOICE OF 1 GRAPE JUICE APPLE JUICE ORANGE JUICE FRUIT PUNCH	CHOICE OF 1 GRAPE JUICE APPLE JUICE ORANGE JUICE FRUIT PUNCH	BREAKFAST PIZZA STRAWBERRY CREAM CHEESE BAGEL W/ STRING CHEESE CHOICE OF 1 GRAPE JUICE APPLE JUICE ORANGE JUICE FRUIT JUICE
CHOICE OF FRUIT CUP/FRESH FRUIT	CHOICE OF FRUIT CUP/FRESH FRUIT	CHOICE OF FRUIT CUP/FRESH FRUIT	CHOICE OF FRUIT CUP/FRESH FRUIT	CHOICE OF FRUIT CUP/FRESH FRUIT
MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE

** THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER**

WG = WHOLE GRAIN

G = GREEN VEGETABLE

R/O = RED/ORANGE VEGGIE

S = STARCHY VEGETABLE

O = OTHER VEGETABLE

WINDHAM HIGH SCHOOL

12/4/2023 MONDAY	12/5/2023 TUESDAY	12/6/2023 WEDNESDAY	12/7/2023 THURSDAY	12/8/2023 FRIDAY
CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1
CEREAL BOWL W/GRANOLA BAR	PEACH YOGURT PARFAIT W/GRANOLA	OATMEAL W/TOAST	SAUSAGE/EGG/CHEESE ON ENGLISH MUFFIN	PIZZA BAGEL
DONUT W/STRING CHEESE	BAGEL W/CREAM CHEESE W/YOGURT CUP	MUFFIN W/STRING CHEESE	BANANA BREAD W/STRING CHEESE	BREAKFAST BAR W/STRING CHEESE
CHOICE OF 1 APPLE JUICE ORANGE JUICE GRAPE JUICE FRUIT PUNCH	CHOICE OF 1 APPLE JUICE ORANGE JUICE GRAPE JUICE FRUIT PUNCH	CHOICE OF 1 APPLE JUICE ORANGE JUICE GRAPE JUICE FRUIT PUNCH	CHOICE OF 1 APPLE JUICE ORANGE JUICE GRAPE JUICE FRUIT PUNCH	CHOICE OF 1 APPLE JUICE ORANGE JUICE GRAPE JUICE FRUIT PUNCH
CHOICE OF FRUIT CUP/FRESH FRUIT	CHOICE OF FRUIT CUP/FRESH FRUIT	CHOICE OF FRUIT CUP/FRESH FRUIT	CHOICE OF FRUIT CUP/FRESH FRUIT	CHOICE OF FRUIT CUP/FRESH FRUIT
MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE

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WINDHAM HIGH SCHOOL

12/11/2023 MONDAY	12/12/2023 TUESDAY	12/13/2023 WEDNESDAY	12/14/2023 THURSDAY	12/15/2023 FRIDAY
CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1
CEREAL BOWL W/ GRANOLA BAR	APPLE PIE OVERNIGHT OATS PARFAIT	PANCAKE WRAP W/SYRUP	BREAKFAST BURRITO W/SYRUP	PIZZA
BAGEL W/CREAM CHEESE	BLUEBERRY BREAD W/STRING CHEESE	DONUT W/STRING CHEESE	FIBER BAR W/STRING CHEESE	MUFFIN W/YOGURT CUP
CHOICE OF 1 APPLE JUICE ORANGE JUICE GRAPE JUICE FRUIT PUNCH	CHOICE OF 1 APPLE JUICE ORANGE JUICE GRAPE JUICE FRUIT PUNCH	CHOICE OF 1 APPLE JUICE ORANGE JUICE GRAPE JUICE FRUIT PUNCH	CHOICE OF 1 APPLE JUICE ORANGE JUICE GRAPE JUICE FRUIT PUNCH	CHOICE OF 1 APPLE JUICE ORANGE JUICE GRAPE JUICE FRUIT PUNCH
CHOICE OF FRUIT CUP/FRESH FRUIT	CHOICE OF FRUIT CUP/FRESH FRUIT	CHOICE OF FRUIT CUP/FRESH FRUIT	CHOICE OF FRUIT CUP/FRESH FRUIT	CHOICE OF FRUIT CUP/FRESH FRUIT
MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE

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WINDHAM HIGH SCHOOL

12/18/2023 MONDAY	12/19/2023 TUESDAY	12/20/2023 WEDNESDAY	12/21/2023 THURSDAY	12/22/2023 FRIDAY
CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1
CEREAL BOWL W/TOAST	HONEY GRAHAM YOGURT PARFAIT	HAM-N-CHEESE BAGEL	PIZZA	NO SCHOOL
DONUT W/STRING CHEESE	POPARTS W/STRING CHEESE	CEREAL BAR BAGEL W/STRING CHEESE	STRUDEL BITES W/YOGURT CUP	
CHOICE OF 1 APPLE JUICE ORANGE JUICE GRAPE JUICE FRUIT PUNCH	CHOICE OF 1 APPLE JUICE ORANGE JUICE GRAPE JUICE FRUIT PUNCH	CHOICE OF 1 APPLE JUICE ORANGE JUICE GRAPE JUICE FRUIT PUNCH	CHOICE OF 1 APPLE JUICE ORANGE JUICE GRAPE JUICE FRUIT PUNCH	CHOICE OF 1 APPLE JUICE ORANGE JUICE GRAPE JUICE FRUIT PUNCH
CHOICE OF FRUIT CUP/FRESH FRUIT	CHOICE OF FRUIT CUP/FRESH FRUIT	CHOICE OF FRUIT CUP/FRESH FRUIT	CHOICE OF FRUIT CUP/FRESH FRUIT	CHOICE OF FRUIT CUP/FRESH FRUIT
MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE

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